



RACE TO THE STONES



Introducing our Official Title Charity Partner Sport Relief

Dear <<First Name>>,

With spring just around the corner, we hope you are enjoying getting outside and training. This month we're introducing you to our Official Title Charity Partner, Sport Relief, and giving you more information about how you can fundraise for them to aid the brilliant work that they do.

This is the fifth email we've sent out, but to catch up on any of the emails and other information you might have missed, head to the [Participant Information Platform](#).



Introducing Sport Relief!

Sport Relief is about harnessing the amazing power of sport, health and fitness to raise money and tackle the critical issues affecting people in the UK and around the world.

Our vision is to create a just world free from poverty.

Too many people in the UK and abroad are facing desperate situations every day.

From people living on the streets or in refugee camps, to girls and women facing poverty and abuse simply because of their gender; from children not receiving the proper care and support they need to give them a great start in life, to people with mental health problems facing fear and discrimination. This is the reality for millions of people. But it doesn't have to be that way.

When you fundraise for Sport Relief, you can take the sport, health and fitness that you love to do and use it to support people who urgently need help and set them on a path towards a better life.

You can do all this, and so much more, because Comic Relief invests the money you give directly into projects on the ground which are finding brilliant solutions to terrible problems.

Find out more about how your sweat changes lives here: <https://www.comicrelief.com/what-your-money-does>



Claim your Profeet discount now

We are proud to announce we will once again be partnering with Profeet. They have been partners since the inaugural event and are excited to once again provide help and advice to all the incredible runners and walkers taking part in this year's event.

Profeet are happy to offer all entrants a 15% grand total off Run fitting, by simply showing them your entry confirmation email. Please find their services here to help you decide: <https://www.profeet.co.uk/location/footwear-services>

They will also be hosting an information evening in the lead up to the season so keep an eye out on our social channels for the announcement.



Are you taking on the Trail Series?

Taking part in all three events in 2019? [Click here](#) to complete the form and receive your free event T-shirts.

Taking on all three Threshold Trails over multiple years? If you take on all three and become a hat-trick hero, you'll receive an exclusive hoodie! To claim your free hoodie you'll need to fill out [this form](#).



Training tips

We really enjoyed this [article](#) from Runner's World, which discusses the importance of your cool down routine after training.

Always remember to cool down after your sessions to stay injury free and to ensure you can keep up the training as it increases over the weeks.

Visit and Join...



**Trail Series
Forum**



**Additional
Purchases**



**Participant Info
Platform**

Keep an eye on your emails next month for more training tips, but for now enjoy getting outside and training as the weather starts to warm up!

Have a good weekend.

The Dixons Carphone Race to the Stones Team

TITLE SPONSOR



OFFICIAL CHARITY



GOLD CHARITY PARTNERS



PARTNERS



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