

Cutting out single use plastics: Changes to pit stops

At Threshold we know the stars of our events are the landscapes we pass through. We also know that these places are under more environmental pressure than ever before and we have a responsibility to protect them for the next generation.

That is why we are making a pledge for our Threshold events to be totally free of single use plastic cups and cutlery from 2018 onwards. This will mean a saving of over 70,000 cups compared to last year and is a small step on the way to reducing our environmental footprint.

We are confident this will have minimal, if any, impact on your enjoyment of the events, but there are a few things to note about what to bring with you.

On the route

All participants already have to have a bottle or a 'reservoir' on their back to keep hydrated on the route.

Water is available at each pit stop to refill, and we also offer undiluted squash, flat Coke and hot drinks at certain points along the route. It is up to you what you top up with at the stops. Some people stick to water, some add squash to their bottles or add their own electrolyte tabs or powders.

This year, if you want to take on any of the additional drinks offered at the pit stops and don't want to have the in your bottle/reservoir you will need to bring your own receptacle and carry it between stops as opposed to us providing disposable cups.

There are a lot of [collapsible cups](#) on the market, which can easily fold or clip onto your rucksack, but if you forget your receptacle, or something happens to it during the event, we will have a limited supply that you will be able to buy from us. However, please do not rely on this, as we will not be providing enough for everybody to purchase one.

In basecamp

You will not have to use your own receptacle in basecamp, as we will be providing compostable cups.

We hope you understand our decision to move away from the use of plastic cups and cutlery on our events. The benefits of our challenges are enormous, from healthier people through to the millions of £s raised each year for good causes, but we are also striving to do more to protect the environment along the way.

If you have any further questions, please do not hesitate to get in touch on 0845 486 5555 or email us at info@racetothestones.com.